



## **COMPANION TRAINING**

for the

## Children and Young People's Program

Seasons for Growth is an innovative education program for children and young people in Primary and Secondary schools which explores the effects of change, loss and grief.

Facilitated by trained Companions within a small 'peer' group, the participants explore feelings, memories, loss and grief in a safe and creative way.

Seasons for Growth is an education program. It does not provide counselling or therapy.



DATE: 25 & 26 July 2017 TIME: 9.00am to 4.00pm

**VENUE:** CatholicCare Taree

32-34 Pulteney Street, Taree NSW 2340

**COST:** \$140 per person (includes Companion manual, journal, morning tea and lunch)

Subsidised for employees of Diocese of Maitland-Newcastle

TRAINER: Loretta Heffernan

**ENQUIRIES:** Jenny Harris

**Phone:** 02 4979 1355 **Email:** seasonsforgrowth@mn.catholic.org.au

REGISTER

ONLINE AT: www.goodgrief.org.au TRAINING CODE (SKU): YN170702

